MALACAÑANG
MANILA

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April 8, 1970
Malacanang

Actually awoken 9:30 A had
April 9, 1970 as I had
conference until 12:30 AM

Exercised hard (as usual 17 minutes of fast jogging, 50 sit-ups for the abdominal muscles, blog fast free hand curl 100-200 times, 50 times free-hands, push ups between two chairs, 20 times, leg-split on my back 40 times, fast pectoralis muscles by hands pressing up and down in front of chest, wrist all around turn 30 times) felt good. Ready for appointments after one-hour including bath and dressing up 9-10 AM Justice Sal Gen. Conz. Antonio Barredo, Yniguez, Ramon Jr. the military liaison in the U.S. Bases and told them that our policy is to enter into negotiations for the military bases and Hamel-Smith in an atmosphere of dignity but of friendship; that any incidents that cause irritants should be discouraged and reported to the DFA so that the executive department which has the responsibility of diplomacy can perform its role; that we will not allow any arrogance or insults to our people but we should not wreck our US-PI relationships by rashness and rage - building; that the Dept of Justice should now follow the 1965 Bilateral-Mendoza Agreement and see to it that the lower echelon of judges and fiscals do so in a spirit of friendship not animosity.

Then met with fiscal advisers, received credentials of Malaysia and British ambassadors. For the first time I opened Malacanang to the tourists during these ceremonies. We should do this more often.

Lunch with Greg Soares who leaves for Japan at the US

as we had technically violated our commitment to the IMF on our dollar reserves since it had gone down instead of going up. It went down to $1.6 million. We have started buying dollars for our reserves and this has brought the actual cash reserves to more than $100 million.

I have asked monetary policy, the 4 year plan and the budget to be coordinated not only for our loans with US banks, IMF and the World Bank.

So I am setting the targets for the budget as the Bicol bloc has met in caucus under Sen. D. Aytona and he has said that he will hold the budget in the senate until I release the funds that the senator and congressmen of Bicol are not released. Plain blackmail. And I have to be firm about this.