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11:15 PM

MALACAÑANG
MANILA

June 12, 1970

Malacañang

Have just finished exercising as I have not been able to do so for two days because of the heavy schedule.

Came from the Cultural Center for the Heritage Awards and a concert. I delivered the speech "Nourishing the Spirit." "A nation is not a nation if it has no cultural life. It is not a people fulfilled if it has no art." "The act of creating beauty is the ultimate in freedom." "Every act of freedom builds the structure our liberty."

This morning I led in the pledge to the Republic and the flag at 7:00 AM — Breakfast 8:00 AM with the Maestra Señora de Sumi of Erinata here in the ceremonial field; Reception at 9:00 AM. The Civic Assembly for women at 10:00 AM — 12:45 PM. I delivered the main speech to the nation — "Freedom is every man's responsibility."

Had with VP Fgo, Senate Pres. Puyat Sec. Rafaelita Melchor, Mapa, Sen. Garcia and Sec. Ponce Enrile reporting on the Cadiz incident where as usual the media blew up the cases of conflicting claims into land grabbing all over the country. Mayor Villasis of Cadiz is walking to give away each part of his land as they have been actually occupied by the ten settlers before this lease. But this emphasizes the need for the Vice President to be more active on small settlers. He is apparently not working at all. And the Chronicle is still petty and spiteful.